



RULES & ETIQUETTES FOR ALL PLAYERS/PARENTS/COACHES THAT ARE EXPECTED TO BE ADHERED TO WHILST ATTENDING AND PARTICIPATING IN SUNDAYS DEVELOPMENT ACADEMY SESSIONS

1. **No shin pads no play.** All children need to be wearing shin pads for their own personal safety.
2. Please ensure your child brings bottled water for their training session.
3. Please wear adequate footwear. No metal studs. Moulded or plastic studs only.
4. Sessions start **promptly** on time. If your child is more than 10 minutes late then it is the coach's discretion to allow your child to participate or not as this disrupts the planned training sessions.
 - a. *Session times are as follows:*
 - i. *1st session for 5-8 year old's – 10.45 to 11.45 (registration from 10.15 to 10.45)*
 - ii. *2nd session for 9-12 year old's – 12pm to 1pm (registration from 11.15 to 12pm)*
5. The marked pitch area is for children and coaches only. Parents are requested to please wait on the designated pitch side and not to encroach the pitch area whilst training sessions are ongoing.
6. If your child is asthmatic or has any other allergies which require medication, then it is your responsibility as the parent/guardian to have the relevant asthma inhaler or medication available on hand if needed during the training session.
7. Please pick up your child on time after their training session finishes. Please take note of the session timings above.
8. The wristbands issued to children upon initial registration should be worn by the children whilst partaking in Sunday's development academy. It is mandatory that the wristbands are on view as this allows for the coaches to easily identify the child when needed during an emergency. If the wristband is lost, then a replacement wristband will be needed which is a cost of £2.50 per wristband.
9. The cost per session is £3, or if you prefer £10 for a month (paid on the **first session/Sunday** of the month, not the second or third Sunday of the month). Please note that this is £10 a month and **NOT** £10 for 4 sessions. So, if your child misses a session in that month and you have paid £10 then this does not roll over to the next month.
10. The coaches and academy take a **zero-tolerance** approach on any name calling, foul language or bad behavior. There will be a yellow card and red card system in place. For any first-time offence the child will be issued a yellow card to sit out 10 minutes of the training session. Any further offence during the course of the session will result in a red card being issued which will result in the child being asked to leave the training session and not participate anymore (child can wait pitch side until their parent/guardian arrives).
11. If parents do have any suggestions or complaints, then please follow the correct CFA complaints procedure and e-mail the management on contact@cfa04.co.uk and your query/complaint will be responded to. Please do not take up any complaints/issues with the coaches during the Sunday development academy as the coaches are there to coach the children and not deal with any complaints.

If any parent/guardian is interested in volunteering or coaching at the Sunday development academy, then please contact the management on [07553810334](tel:07553810334) to learn more.

Finally, at all times, the laws, and rules of the 'beautiful game' must be abided by.

Thank you for support as players, parents and coaches to abide by the rules stipulated above.